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| Mandag | Tirsdag | Onsdag | Torsdag | Fredag | Lørdag | Søndag |



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| Trening med kl 18.30 på furumo | 2 |  | 3 | Modum orientering | 4 |  | 5 |  | 6 |  | 7 | Rolig langtur ansvarlig Erik | 8 |
| Trening med kl 18.30 på furumo | 9 |  | 10 | Modum orientering | 11 |  | 12 |  | 13 |  | 14 |  | 15 |
| Trening med kl 18.30 på furumo | 16 | Sekke- og potet - løp Se kildebildet | 17 | Modum orientering | 18 |  | 19 |  | 20 |  | 21 |  | 22 |
| Trening med kl 18.30 på furumo | 23 |  | 24 | Modum orientering | 25 |  | 26 |  | 27 |  | 28 | Rolig langtur ansvarlig Erik | 29 |
| Trening med kl 18.30 på furumo | 30 | Rulleski på Brunes. Ansvarlig Mathilde | 31 | Modum orientering |  |  |  |  |  |  |  |  |  |

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| mai  2022   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  | 1 | 2 | 3 | | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | 11 | 12 | 13 | 14 | 15 | 16 | 17 | | 18 | 19 | 20 | 21 | 22 | 23 | 24 | | 25 | 26 | 27 | 28 | 29 | 30 |  | |  |  |  |  |  |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  | 1 | 2 | 3 | 4 | 5 | | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | 13 | 14 | 15 | 16 | 17 | 18 | 19 | | 20 | 21 | 22 | 23 | 24 | 25 | 26 | | 27 | 28 | 29 | 30 |  |  |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | april | 2022 |  | juni | 2022 | |  | Treningsoversikt Tilbudene i bygda er mange, her er forslag på hva du kan være med på. Se vedlegg for beskrivelse av hva de ulike aktivitetene inneholder. |